# **Medication Management**

## Definition

Medication management is the level of outpatient treatment where the sole service rendered by a qualified physician, or others whose scope of practice includes prescribing medication, is the initial evaluation of the patient's need for psychotropic medications, the provision of a prescription, and, as-needed, ongoing medical monitoring/evaluation related to the patient's use of the psychotropic medication. Interactive psychotherapy is not being rendered at this time by the physician/prescriber, but may be provided by another clinician

## Policy

Medication Management services are available to Medicaid Managed Care eligible adult members, age 21 and over.

# Licensing/Accreditation

NA

# Service Expectations

- Medical evaluation
- Medication monitoring routinely and as needed
- Client education pertaining to the medication to support the individual in making an informed decision for its use.
- The service provider must make a good faith attempt to coordinate care with the individual's primary medical provider

## Staffing

Psychiatrist, or other physician qualified to evaluate the need for medication and provide this service, Advanced Practice Registered Nurse (APRN), Physician Assistant (PA) or Nurse Practitioner (NP) supervised by a psychiatrist or other physician qualified to evaluate the need or and provide this service.

# Clinical Guidelines: Medication Management

## Admission Guidelines

All of the following Guidelines are necessary.

- 1. All of the admission Guidelines for Outpatient Services.
- 2. There is a need for prescribing and monitoring psychotropic drugs.
- 3. A specific level of GAF is not necessary.

## **Exclusion Guidelines**

The following guideline is sufficient for exclusion from this level of care:

1. The individual does not require psychotropic medication treatment.

## Continuing Stay Guidelines

The following guideline is necessary for continuing treatment at this level of care:

1. All of the Admission Guidelines continue to be applicable.

<u>Discharge Guidelines</u>

The following guideline may be sufficient for discharge from this level of care:

1. The individual no longer requires psychotropic medication.

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